

NUTRITION SERVICES DIVISION MANAGEMENT BULLETIN		No. 03-113 03-208 03-706
TO:	Child Nutrition Program Sponsors	ISSUE DATE: May 2003
ATTENTION:	Food Program Director	
SUBJECT:	Team Nutrition – “Ten Steps for Parents” Reproducible Materials	
REFERENCE:	USDA Informational Memo CNP 03-13	

This management bulletin provides a new Team Nutrition (TN) resource available to child nutrition program sponsors for use in their nutrition education activities.

As part of the United States Department of Agriculture, Food and Nutrition Services' (FNS) TN materials, FNS created black-and-white and color versions of the “Ten Steps for Parents” flyer that is attached. This two-sided handout encourages parents to get involved with children's eating and physical activity behaviors. One side displays the Food Guide Pyramid and provides tips for parents to advocate for healthy school meals. The other side displays an Activity Pyramid and offers suggestions to make physical activity an integral part of children's lives.

Additionally, you will find electronic files for the “Ten Steps for Parents” flyer, at the TN Resources website:

www.fns.usda.gov/tn

Click on: Resources

The TN website is a valuable source of many nutrition education materials. We encourage you to reproduce and distribute materials such as the attached flyer to the child nutrition professionals in your agency and the children and families you serve in your programs. Check the TN website often for new materials available for your use.

If you have any questions, please contact your nutrition services representative, the Field Services Unit at (916) 445-0850 or (800) 952-5609, or Jan Lewis at (916) 323-7185 or JLewis@cde.ca.gov.

Phyllis Bramson-Paul, Director
Nutrition Services Division
Assistant Superintendent of Public Instruction

Attachment